

# Finding Your Story Quilt

## Step 1: Finding Story Quilt Ideas

Think about life events or experiences and list them here:

1.
2.
3.
4.
5.
6.
7.
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9.
10.
11.
12.
13.
14.
15.
16.
17.
18.
19.
20.

Step 2: Pick one from list about and let's explore details

Select a Story from Step 1:

Images/Photos

Colors/Shapes/Mood

Text/Quotes