

Fidalgo QuiltLines

Newsletter of The Fidalgo Island Quilters

May 2022

Special Edition

First...A Reminder

Since Monday July 4th is a holiday, our July meeting will be postponed until July 11. We will meet at Causland Memorial Park, 710 N Ave in Anacortes. Please bring a dish to share (or your own bag lunch), utensils, a beverage and a CHAIR, unless you want to sit on the ground. We will meet at 12:00 at the Southwest corner of the park.

Second...FIQ University

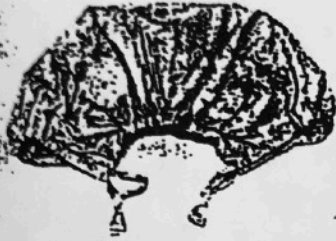
Here are the instructions for the demos that were given at the June 6 meeting. You should be able to print these on your home computer, or just keep this file available for reference later.

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## Facing a Quilt

1. Cut 2.5" strips – either 1 long strip to be cut, or 4 shorter strips; fold in half and iron
2. Cut 4 squares (either 4" or 4.5"), fold into triangles and iron
3. With quilt right side up, place & pin triangles in each corner
4. Place & pin each strip on each edge of quilt, raw edges together; sew strips and corner triangle to front of quilt using  $\frac{1}{4}$ " seam; sew across triangle corner to strengthen the seam for turning
5. Snip corners of quilt, being careful not to snip seam
6. Iron the long strips and sew scant  $\frac{1}{4}$ " on each edge to make it easier to turn
7. Turn, pin, and hand sew strips to back of quilt
8. Turn corner triangles to back of quilt making sure corners are crisp
9. Quilt is now faced; place dowel or slat in top two corner triangles

(If you need a refresher, go to YouTube and search for "How to Add Facing to Your Quilt", you'll find several tutorials on how to do this. Have fun! Vera)



### 33. STUFF-IT!

A great big roomy tote that is almost big enough to hold the kitchen sink. Use it to pack your gym gear, needlework projects, as an overnight or flight bag.

#### Materials:

- 1 1/4 yds. (54") chintz or 1 1/4 yds. (45")
- 1 1/4 yds. (54") fabric or 1 1/4 yds. (45") (lining)
- 3/4 yd. (1") wide non-roll elastic
- thread

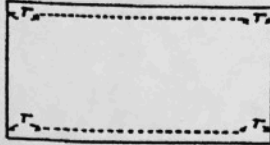
#### Cut:

- of chintz:
  - 38" x 54" piece
  - (2) 3 1/2" x 44" pieces (handles)
- of lining:
  - 38" x 54" piece
- of elastic:
  - (2) 10" pieces

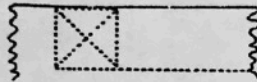
#### Directions: 1/4" seam allowance

1. Pin 38" x 54" pieces, right sides together.
2. Stitch around all edges leaving an 8" opening in the center of each short side.
3. Trim corners, turn and press with seam allowances of openings pressed to inside.
4. Mark 7" in on long side from all four corners. Stitch from mark to mark.

1 1/4" from edge to form casing for elastic as shown.



5. Through openings in short ends, insert elastic into each casing, pinning at each end. Stitch each end of elastic as shown to reinforce.



6. Fold each short side down 2" toward lining side. Pin.
7. Edgestitch to form casing for handles. Stitch 1/4" in from first stitching to reinforce.
8. To make handles, fold and press all edges 1/4" toward wrong side. Fold each handle lengthwise, matching folded edges together. Stitch close to edge, across end, long side and end of each handle.
9. Insert a handle into each casing. Bring both ends of one handle together and tie a knot near ends. Repeat for other handle.

#### Changes

- 1 yd. tapestry or decorator 36" x 54"
- 1 1/2 yd. lining fabric + handles

#### Cut:

- lining fabric to same measurement as main fabric (36 x 54)
- (2) 4" x 44" for handles
- (2) 2" x 42" batting
- (2) 12" pieces elastic

#### # 8 Handle making

- Right sides together, layer with batting, stitch long sides.
- Turn. Tuck ends and edge stitch.

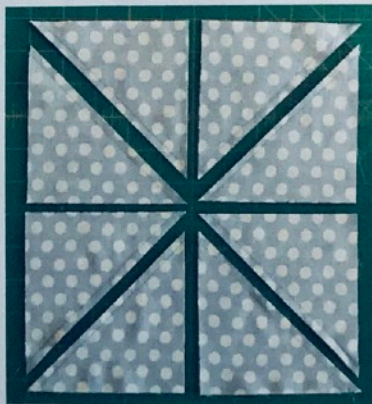
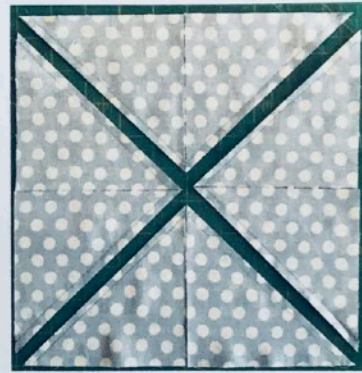
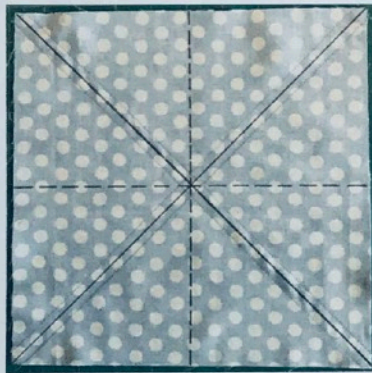
### Make 8 half-square triangles at once

The formula is as follows: Finished block size x 2 + 1-3/4"

So for a finished block of 4 inches:  $4 \times 2 = 8 + 1\text{-}3/4 = 9\text{-}3/4"$

Choose two fabrics. Cut one 9-3/4" square of each. Place them right sides together. Draw solid diagonal lines corner to corner, both ways, on the lighter square. Draw dashed lines horizontally and vertically down the center of the squares. Sew a **scant 1/4"** seam on either side of both **diagonal** lines.

Cut on the **drawn** diagonal lines, then cut on the dashed vertical and horizontal lines. You now have 8 half-square triangles. Square up and cut off the ears.



## Three Quarter Square Triangle Blocks

Choose two (or four) different fabrics. Cut (4)  $3\text{-}1/4'' \times 6''$  rectangles.

Sew two sets of different fabrics on the long edge. Press seam open. Place the two squares right sides together with seams going one horizontal and one vertical. Sew  $1/4''$  seam all the way around the edges. Press.



Cut the square diagonally in both directions. Press seams to the whole triangle side. Square up to  $3\text{-}1/2'' \times 3\text{-}1/2''$  squares.

Arrange the four squares any way you want, and stitch together to make one  $6\text{-}1/2''$  unfinished ( $6''$  finished) block.



NOTE: If you want bigger blocks, the measurements are:

- 8-1/2" unfinished: Cut the rectangles 8" x 4-1/4"
- 9-1/2" unfinished: Cut the rectangles 9" x 4-3/4"
- 10-1/2" unfinished: Cut the rectangles 10" x 5-1/4"
- ...and so on

### FLYING GEESE NO-WASTE METHOD

Choose a dark fabric for the geese, and a light fabric for the background.

You will need one large square for the geese, and 4 small squares for the background. You'll get 4 flying geese blocks out of this. Your finished blocks should always be twice as wide as they are tall; i.e., 3" x 1-1/2", 4" x 2", 5" x 2-1/2".

You will cut your fabric as follows for a finished 4" x 2" block (4-1/2" x 2-1/2" unfinished):

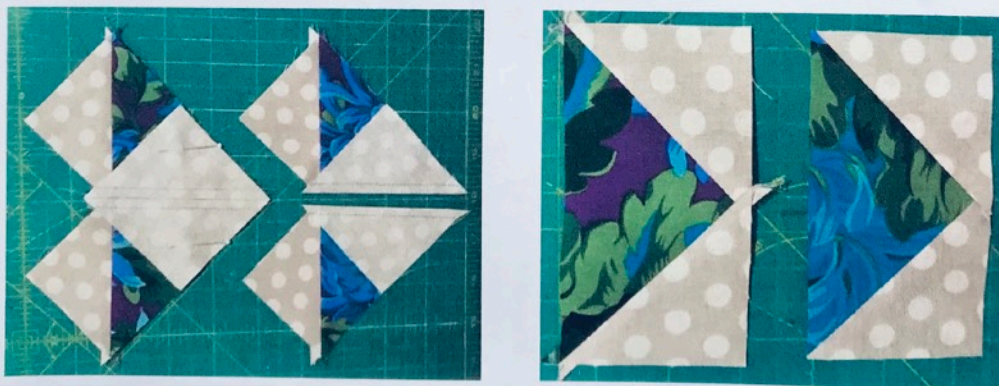
Add 1-1/4" to your finished size geese square (dark); so cut ONE square 5-1/4".

Add 7/8" to your finished size background squares (light); so cut FOUR squares 2-7/8".

Draw a diagonal line on the wrong side of the background squares. Place two of the squares on opposite corners of the large geese square right sides together and pin as shown. Make sure your drawn lines meet in the middle and pin. Stitch a SCANT 1/4" on either side of the diagonal line. Press to set the seams, then cut ON the drawn diagonal line and press seams open.



Place remaining two background squares right sides together on the cut large square pieces as shown. Stitch a SCANT 1/4" on either side of the diagonal line. Then cut ON the drawn diagonal line. Press to set seams, then press open. Trim the blocks to 4-1/2" x 2-1/2" making sure the points are properly in the corners.



### Easy Curved Flying Geese

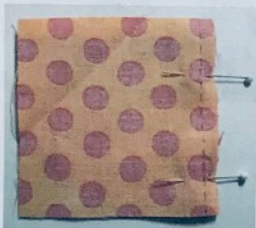
Choose a background fabric and cut two 3" squares.

Choose a geese fabric and cut one 3" x 5-1/2" rectangle.

Fold the rectangle in half lengthwise with right side out, and place it on one 3" square right sides together. The fold should be at the top.



Then place the other 3" square right side down on the folded rectangle. Pin together down the right side, and sew 1/4" seam.



Open the pieces so the goose spreads out and finger press the seam open. Press from the front. Tack down the loose points of the geese. You may leave the sides open, or fold over and sew for a curved look.

